



pullman
HOTELS AND RESORTS

CIAMY VIMALA HILLS

ADULTS ACTIVITIES

To support and in line with Indonesian government's appeal for "Physical Distancing" policy, "Activities & Entertainment" Department's programs limits up to 5 participants / program.

FREE!

Please reserve in advance for the usage of facilities and to participate in the programs of "Activity and Entertainment Department" by dialing 0 (zero) for Operator or direct WA to our "Activity and Entertainment Team at +62 821 1822 1552

	07:00	10:00	15:00	16:00
MONDAY	JOGGING Meeting point Lobby Max. Participant : 5			STRETCHING CLASS Meeting point Garden Wing A Max. Participant : 5
TUESDAY	POWER WALK Meeting point Lobby Max. Participant : 5			FIT TRAIL WORKOUT Meeting point Lobby Max. Participant : 5
WEDNESDAY	YOGA Meeting point Garden Wing A Max. Participant : 5			NATURE WALK Meeting point Lobby Max. Participant : 5
THURSDAY	ABT CLASS Meeting point Garden Wing A Max. Participant : 5			JOGGING Meeting point Lobby Max. Participant : 5
FRIDAY	YOGA Meeting point Garden Wing A Max. Participant : 5			BOOTCAMP TRAINING Meeting point Garden Wing A Max. Participant : 5
SATURDAY	POWER WALK Meeting point Lobby Max. Participant : 5	TABATA Meeting point Garden Wing A Max. Participant : 5	STRECHING CLASS Meeting point Garden Wing A Max. Participant : 5	FIT TRAIL WORKOUT Meeting point Lobby Max. Participant : 5
SUNDAY	YOGA Meeting point Garden Wing A Max. Participant : 5	ABT CLASS Meeting point Garden Wing A Max. Participant : 5	NATURE WALK Meeting point Lobby Max. Participant : 5	CIRCUIT TRAINING Meeting point Garden Wing A Max. Participant : 5



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HOTELS AND RESORTS
CIAMU YUNALIA HILLS

**TEENS
ACTIVITIES**

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08:00 **17:00**

MONDAY

BILLIARD LESSON
Meeting point
TEENS CLUB
Max. Participant : 5

SEGWAY LESSON
Meeting point
TEENS CLUB
Max. Participant : 5

TUESDAY

WALL CLIMBING
Meeting point
WALL CLIMBING AREA
Max. Participant : 5

PING PONG TOURNAMENT
Meeting point
TEENS CLUB
Max. Participant : 5

WEDNESDAY

ORIGAMI
Meeting point
TEENS CLUB
Max. Participant : 5

BILLIARD LESSON
Meeting point
TEENS CLUB
Max. Participant : 5

THURSDAY

FUN WALK
Meeting point
TEENS CLUB
Max. Participant : 5

SEGWAY LESSON
Meeting point
TEENS CLUB
Max. Participant : 5

FRIDAY

WALL CLIMBING
Meeting point
WALL CLIMBING AREA
Max. Participant : 5

TOWEL ART
Meeting point
TEENS CLUB
Max. Participant : 5

08:00 **13:00** **17:00**

SATURDAY

PING PONG TOURNAMENT
Meeting Point
TEENS CLUB
Max. Participant : 5

BILLIARD LESSON
Meeting Point
TEENS CLUB
Max. Participant : 5

SEGWAY LESSON
Meeting Point
TEENS CLUB
Max. Participant : 5

SUNDAY

WALL CLIMBING
Meeting Point
WALL CLIMBING AREA
Max. Participant : 5

BALLOON CREATION
Meeting Point
TEENS CLUB
Max. Participant : 5

TOWEL ART
Meeting Point
TEENS CLUB
Max. Participant : 5



CIAMY VIMALA HILLS

KIDS ACTIVITIES

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	09:00		15:00	
MONDAY	KIDS YOGA Meeting point KIDS PLAYGROUND Max. Participant : 5		ART & CRAFT Meeting point KIDS PLAYGROUND Max. Participant : 5	
TUESDAY	WALL CLIMBING Meeting point WALL CLIMBING AREA Max. Participant : 5		CUPCAKE DECORATION Meeting point KIDS PLAYGROUND Max. Participant : 5	
WEDNESDAY	BALLOON CREATION Meeting point KIDS PLAYGROUND Max. Participant : 5		ART & CRAFT Meeting point KIDS PLAYGROUND Max. Participant : 5	
THURSDAY	KIDS YOGA Meeting point KIDS PLAYGROUND Max. Participant : 5		ORIGAMI Meeting point KIDS PLAYGROUND Max. Participant : 5	
FRIDAY	WALL CLIMBING Meeting point WALL CLIMBING AREA Max. Participant : 5		JEWELLERY ART Meeting point KIDS PLAYGROUND Max. Participant : 5	
	09:00	11:00	14:00	15:00
SATURDAY	KIDS YOGA Meeting point KIDS PLAYGROUND Max. Participant : 5	ART & CRAFT Meeting point KIDS PLAYGROUND Max. Participant : 5	BALLOON CREATION Meeting point KIDS PLAYGROUND Max. Participant : 5	MAKING COOKIES Meeting point KIDS PLAYGROUND Max. Participant : 5
SUNDAY	WALL CLIMBING Meeting point WALL CLIMBING AREA Max. Participant : 5	CUPCAKE DECORATION Meeting point KIDS PLAYGROUND Max. Participant : 5	ORIGAMI Meeting point KIDS PLAYGROUND Max. Participant : 5	MINI PIZZA Meeting point KIDS PLAYGROUND Max. Participant : 5